

YOUR PARTNER IN WELLNESS

# 2026 Medicare Plan Enrollment Guide

#### **Dean Health Plan Medicare Advantage Plans:**

- Dean Advantage<sup>SM</sup> Essential (HMO)
- Dean Advantage<sup>SM</sup> Assurance (HMO-POS)
- Dean Advantage<sup>SM</sup> Balance (HMO-POS)
- $\bullet \ \mathsf{Dean} \ \mathsf{Advantage}^{\mathsf{SM}} \ \mathsf{Complete} \ (\mathsf{HMO})$
- $\bullet \ \mathsf{Dean} \ \mathsf{Advantage^{SM}} \ \mathsf{Harmony} \ (\mathsf{HMO}\text{-}\mathsf{POS})$



# Discover the Dean Advantage



Thank you for your interest in Dean Advantage Medicare coverage. We offer a strong network of providers with a history of exceptional care.

#### Our service area

Our service area is Columbia, Dane, Dodge, Fond du Lac, Green, Iowa, Jefferson, Rock, and Sauk counties. You must have permanent residence in one of these counties to ioin a Dean Health Plan Medicare Advantage plan.

#### COORDINATED CARE NETWORK











**Physicians** 

Health plan

Hospitals

Our Coordinated Care Network is a true collaboration between health care experts, hospital partners, and Dean Health Plan, leading to a streamlined and simpler experience for you.

#### Local:

Our roots are local. Our employees are your friends and neighbors. And you'll find your primary care provider just down the road.

#### Caring:

Community is important to us. We participate in volunteer efforts throughout the year to make local life better for everyone.

#### **Premier benefits:**

We give you a Medicare plan that covers your health needs — including dental, over-the-counter (OTC) purchases, and more.



# EXTRA BENEFITS, AT NO EXTRA COST



Over-the-counter savings



Vision coverage



**Dental** coverage



In-home support



Hearing benefits



Free fitness benefits

Details starting on page 6.

# Plan comparison

# Most plans combine medical and drug coverage for one affordable premium.

See drug coverage information on pages 8 - 9.

#### Preventive medical care is covered at 100%.

		Essential (HMO) In-network only	Assurance (HMO-POS)	Balance (HMO-POS)	Complete (HMO) In-network only	Harmony (HMO-POS) MA-Only
Coverage		Medical + drug	Medical + drug	Medical + drug	Medical + drug	Medical only
Monthly premium		\$0	\$50	\$119	\$256	\$0
Annual out-of-pocket maximum (100% coverage once met)		\$6,750	\$5,000	\$4,200	\$2,750	\$5,000
Part B premium reduction		n/a	n/a	n/a	n/a	\$20/month
Medical benefits	;					
Office visits	Primary care	\$0	In network: \$0 Out of network: 50%	In network: \$0 Out of network: 40%	\$0	In network: \$0 Out of network: 40%
	Specialist	Up to \$45	In network: Up to \$40 Out of network: Up to 50%	In network: Up to \$35 Out of network: Up to 40%	Up to \$25	In network: Up to \$40 Out of network: Up to 40%
	Urgent care	\$50	\$50	\$40	\$25	\$40
	Mental health	\$35 - \$45	In network: \$20 - \$30 Out of network: 50%	In network: \$15 - \$25 Out of network: 40%	\$10 - \$15	In network: \$20 - \$30 Out of network: 40%
Preventive care	Immunizations and screenings	\$0	In network: \$0 Out of network: 50%	\$0	\$O	In network: \$0 Out of network: 40%
Hospital care	Inpatient stay	Days 1 - 6: \$395/day Days 7 - 90: \$0	In network: Days 1 - 5: \$400/day Days 6 - 90: \$0 Out of network: Days 1 - 7: 50% Days 8 - 90: \$0	In network: Days 1 - 5: \$375/day Days 6 - 90: \$0 Out of network: Days 1 - 7: 40% Days 8 - 90: \$0	Days 1 - 5: \$350/day Days 6 - 90: \$0	In network: Days 1 - 6: \$400/day Days 7 - 90: \$0 Out of network: Days 1 - 7: 40% Days 8 - 90: \$0
	Outpatient surgery	\$495	In network: \$450 Out of network: 50%	In network: \$400 Out of network: 40%	\$300	In network: \$425 Out of network: 40%
Emergency care	Emergency room	\$130	\$130	\$150	\$150	\$130
	Ground ambulance	\$300	\$300	\$300	\$300	\$300

Continued on next page>

# Plan comparison

# Most plans combine medical and drug coverage for one affordable premium.

See drug coverage information on pages 8 - 9.

#### Preventive medical care is covered at 100%.

		Essential (HMO) In-network only	Assurance (HMO-POS)	Balance (HMO-POS)	Complete (HMO) In-network only	Harmony (HMO-POS) MA-Only
Radiology & tests	Diagnostic tests and radiology	\$0 - \$250	In network: \$0 - \$170 Out of network: 50%	In network: \$0 - \$140 Out of network: 40%	\$0 - \$140	In network: \$0 - \$225 Out of network: 40%
Dental	Coverage for preventive and comprehensive dental - annual amount	\$500	\$600	\$800	\$1,500	\$1,500
Vision	Vision exam — routine annual	\$0	\$0	\$0	\$0	\$0
	Eyewear coverage — annual amount	\$175	\$175	\$175	\$175	\$175
Hearing	Hearing exam — routine annual	<b>\$</b> 0	\$0	<b>\$</b> O	\$0	\$0
	Hearing aid coverage  — annual amount	\$750	\$750	\$750	\$750	\$750
Diabetes supplies	Glucose monitors, test strips, and lancets	\$0 - 20%	In network: \$0 - 20% Out of network: 50%	In network: \$0 - 20% Out of network: 40%	\$0 - 20%	In network: \$0 - 20% Out of network: \$0 - 40%
Skilled nursing care	No prior 3-day hospital stay required	Days 1 - 20: \$0/day Days 21 - 52: \$218/day Days 53 - 100: \$0/day	In network: Days 1 - 20: \$0/day Days 21 - 44: \$218/day Days 45 - 100: \$0 Out of network: Days 1 - 100: 50%	In network: Days 1 - 20: \$0/day Days: 21 - 41: \$218/day Days 42 - 100: \$0/day Out of network: Days 1 - 100: 40%	Days 1 - 20: \$0/day Days 21 - 34: \$218/day Days 35 - 100: \$0/day	In network: Days 1 - 20: \$0/day Days 21 - 44: \$218/day Days 45 - 100: \$0/day Out of network: Days 1 - 100: 40%

# Plan comparison

Most plans combine medical and drug coverage for one affordable premium.

See medical benefits on pages 4 - 7.

You will pay the lowest retail cost-sharing if you use a preferred pharmacy.\*

		Essential (HMO) In-network only	Assurance (HMO-POS)	Balance (HMO-POS)	Complete (HMO) In-network only	Harmony (HMO-POS) MA-Only
Part D drug co	verage					
Annual Part D deductible		Tiers 1 & 2: \$0 Tiers 3, 4, & 5: \$615	Tiers 1 & 2: \$0 Tiers 3, 4, & 5: \$380	Tiers 1 & 2: \$0 Tiers 3, 4, & 5: \$300	Tiers 1 & 2: \$0 Tiers 3, 4, & 5: \$100	Medical only plan. No coverage for Part D prescription drugs.
Insulin program at preferred pharmacies		30-day: \$30 60-day: \$60 90-day: \$90				
Insulin program at standard pharmacies		30-day: \$35 60-day: \$70 90-day: \$105				
Initial coverag	e (member drug costs up to	p \$2,100)				You CANNOT be a member
30-day * preferred retail	Tier 1: Preferred generic	\$0	<b>\$</b> 0	\$0	\$0	of this plan and enroll in a stand-alone Medicare Part D plan. If you need medical and Part D drug coverage, enroll in one of our other Medicare plans.
	Tier 2: Generic	\$5	\$11	\$14	\$15	
	Tier 3: Preferred brand	20%	20%	20%	20%	
	Tier 4: Non-preferred drug	45%	45%	45%	45%	
	Tier 5: Specialty drug	25%	28%	29%	31%	
	Tier 1: Preferred generic	\$7	\$7	\$7	\$7	·
00.1	Tier 2: Generic	\$11	\$16	\$19	\$20	
30-day standard retail	Tier 3: Preferred brand	25%	25%	25%	25%	
	Tier 4: Non-preferred drug	50%	50%	50%	50%	
	Tier 5: Specialty drug	25%	28%	29%	31%	
90-day mail order	Tier 1: Preferred generic	\$0	\$0	\$0	\$0	
	Tier 2: Generic	\$10	\$22	\$28	\$30	
	Tier 3: Preferred brand	20%	20%	20%	20%	
	Tier 4: Non-preferred drug	45%	45%	45%	45%	
Catastrophic cov (plan pays memb	verage per costs exceeding \$2,100)	The plan pays the full cost fo	r your covered Part D drugs.			

<sup>\*</sup>To find a preferred pharmacy near you, visit DeanCare.com/FindaPharmacy.

# For your well-being

We're dedicated to our members' well-being. The following benefits are included in all of our Medicare plans and are not covered by Original Medicare.



### Health+ by Medica Card

Your over-the-counter, Living Healthy Rewards, and eyewear benefits are on your Health+ by Medica Card



#### Over-the-counter (OTC)

We cover up to \$50 per quarter to spend on eligible OTC products like bandages, pain relievers, and more.<sup>†</sup>



## **Living Healthy Rewards**

You can earn up to \$150 in rewards for completing healthy activities like receiving a flu shot, going to the dentist, and getting an annual physical.



## In-home support

We partner with Papa, a company that connects you with screened and trained Papa Pals who can help with organization, light housework, technology, and transportation. Your Pal can visit with you in your home or virtually for up to 120 hours per year.

For a comprehensive list of all benefits, please review the plan Summary of Benefits for more information.

<sup>†</sup>Amount varies by plan.



### Chiropractic care/ acupuncture

We cover additional chiropractic and acupuncture benefits to help you stay healthy and active.



### **Transportation**

We cover 24 one-way personal rides each year to medical appointments and pharmacy visits.



# Post-discharge meals

We cover 14 meals from Mom's Meals delivered to your door after you are discharged from a hospital or a skilled nursing facility.



## Free fitness membership

Our innovative fitness program through One Pass<sup>™</sup> makes staying fit — physically and mentally — convenient and fun.

- Large network of 25,000+ gyms and fitness centers
- Free home fitness kit
- Enrollment in as many facilities as you want
- Live and on-demand fitness classes
- Unlimited access to online cognitive training activities that support brain speed and memory



#### **READY TO ENROLL?**



#### Over the phone

Call 1 (877) 510-7438 (TTY: 711) to enroll with a Medicare sales consultant.



#### Online

Visit DeanCare.com/Medicare2026.



#### In person

Get one-on-one help to learn more about our Medicare coverage options. Please call us at 1 (877) 510-7438 (TTY: **711**) to schedule an appointment. You can also visit **DeanCare.com/Seminars** to see our upcoming seminars.

For accommodations of persons with special needs, call 1 (877) 510-7438 (TTY: 711).

Note: When you enroll, you'll be asked to choose a Primary Health System (PHS) provider from which you receive care or expect to receive care. If you don't want to choose a PHS, or if your provider isn't part of the PHS options listed, you can choose "Unassigned." Your selection of a Primary Health System doesn't limit you from getting care from other network providers, and you never need referrals for covered services. To find out if your provider is part of a PHS, please reference the directory at Deancare.com/AdvantageProviders.

## Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

**English:** ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-952-3455 (TTY: 711) for Medica, call 1-877-317-2410 (TTY: 711) for Dean Health Plan/Prevea360 Health Plan, or speak to your provider.

Spanish: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia de idiomas. También están disponibles de forma gratuita asistencia y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-800-952-3455 (TTY: 711) para Medica, llame al 1-877-317-2410 (TTY: 711) para Dean Health Plan/Prevea360 Health Plan o hable con su proveedor de atención médica.

Vietnamese/Việt: LƯU Ý: Nếu quý vị nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-800-952-3455 (TTY: 711) đối với Medica, gọi theo số 1-877-317-2410 (TTY: 711) đối với Dean Health Plan/Prevea360 Health Plan hoặc trao đổi với nhà cung cấp dịch vụ của quý vị.

Chinese Traditional: 注意:如果您說中文,我們可以為您提供免費語言協助服務。也可以免費提 供適當的輔助工具與服務,以無障礙格式提供資訊。請致電 1-800-952-3455 (TTY: 711) 聯絡 Medica, 致電 1-877-317-2410 (TTY: 711) 聯絡 Dean Health Plan/Prevea360 Health Plan, 或與您的 提供者討論。

Hmong/Lus Hmoob: LUS CEEV: Yog hais tias koj hais Lus Hmoob ces muaj kev pab txhais lus pub dawb rau koj. Muaj khoom siv thiab muaj kev saib xyuas pab uas tsim nyog los npaj kom muaj cov ntaub ntawv uas siv tau dawb. Hu rau 1-800-952-3455 (TTY: 711) rau Medica, hu rau 1-877-317-2410 (TTY: 711) rau Dean Health Plan/Prevea360 Health Plan, los sis tham rau koj tus kws kuaj mob.

German/Deutsch: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-800-952-3455 (TTY: 711) für Medica bzw. 1-877-317-2410 (TTY: 711) für Dean Health Plan/Prevea360 Health Plan oder sprechen Sie mit Ihrem Gesundheitsdienstleister.

Cushitic-Oromo: XIYYEEFFANNOO: Ingiliffaa dubbattu taanaan, tajaajilli deggersa afaan bilisaa ni jira. Tajaajilli deggersa bu'ura dhiheessii odeeffannoo kaffaltii tokko malee ni jira. Lakkoofsa bilbilaa 1-800-952-3455 (TTY: 711) Tajaajila Fayyaaf, lakkoofsa Medica 1-877-317-2410 (TTY: 711), Dean Health Plan/Prevea360 Health Plan, ykn dhiheessaa keessan dubbisaa.

العربية/Arabic

كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. تنبيه: (الهاتف النصى: 711) للتواصل مع 3455-952-800-1اتصل على الرقم المعلومات بتنسيقات يمكن الوصول إليها مجانًا. Dean Health ، اتصل على الرقم 2410-317-1-1-1 (الهاتف النصى: 711) بشأن خطة الرعاية الصحية Medica Plan/Prevea360 Health Plan

Korean/한국어: 주의: 한국어를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. Medica 의 경우 1-800-952-3455(TTY: 711)번으로, Dean Health Plan/Prevea360 Health Plan 의 경우 1-877-317-2410(TTY: 711)번으로 전화하시거나, 서비스 제공업체에 문의하십시오.

Russian/Русский: Если вы говорите по-русски, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-952-3455 (TTY: 711) относительно Medica, позвоните по телефону 1-877-317-2410 (TTY: 711) относительно Dean Health Plan/Prevea360 Health Plan или обратитесь к своему поставщику услуг.

Laos/ ລາວ: ຂໍ້ຄວນເອົາໃຈໄສ່: ຖ້າທ່ານເວົ້າພາສາລາວ, ຈະມີບໍລິການຊ່ວຍດ້ານພາສາແບບບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ນອກຈາກນີ້ ຈະມີເຄື່ອງຊ່ວຍເສີມ ແລະ ບໍລິການແບບທີ່ເໝາະສົມເພື່ອໃຫ້ຂໍ້ມູນໃນຮຸບແບບທີ່ສາມາດເຂົ້າເຖິງໄດ້ໂດຍບໍ່ເສຍຄ່າ. ໂທຫາເບີ 1-800-952-3455 (TTY: 711) ສໍາລັບ Medica, ໂທ 1-877-317-2410 (TTY: 711) ສໍາລັບ Dean Health Plan/Prevea360 Health Plan ຫຼື ລົມກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ.

French/ Français: ATTENTION: si vous parlez français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-952-3455 (TTY : 711) pour Medica, appelez le 1-877-317-2410 (TTY: 711) pour le régime de santé Dean Health Plan/Prevea360, ou parlez à votre prestataire de santé.

Serbo-Croatian: PAŽNJA: Ako govorite srpski, dostupne su vam besplatne usluge tumača. Odgovarajuća dodatna pomagala i usluge za pružanje informacija u pristupačnim formatima su takođe dostupne besplatno. Za Medica zdravstveno osiguranje pozovite 1-800-952-3455 (TTY: 711), za Dean/Prevea360 zdravstveno osiguranje pozovite 1-877-317-2410 (TTY: 711) ili razgovarajte sa svojim pružaocem usluga.

Tagalog: PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-952-3455 (TTY: 711) para sa Medica, tumawag sa 1-877-317-2410 (TTY: 711) para sa Dean Health Plan/Prevea360 Health Plan, o makipag-usap sa iyong tagapagbigay ng serbisyo.

Karen/ထားနာ်လီးဖဲအံး: ဟ်သူဉ်ဟ်သး – နမ္နါကတိၤကညီကျိုာ်နှဉ် တၢ်အိဉ်ဒီး ကျိုာ်တၢ်ဆီဉ်ထွဲမာစား လၢတလာ်ဘူဉ်လာ်စ္၊လၢနဂ်ီးလီ၊. တၢ်အိဉ်ဒီး ပုၤနီးခြက္နာ်ဂ်ီးတဆူဉ်တကျာၤအဂ်ီး ပီးလီဒီးတၢ်တိစၢးမၤစၢးလၢအကြားအဘဉ် လၢကဟ့ဉ်တၢ်ဂ့ၢ်တၢ်ကိုုး လၢတၢ်မၤန့ာ်အီးသ့တဖဉ် လၢတလာ်ဘူဉ်လာစစ္၊ လၢနဂ်ီးလီ၊. ကိး 1-800-952-3455 (TTY: 711) လ၊ Medica အင်္ဂါ, ကိး 1-877-317-2410 (TTY: 711) လၢ Dean Health Plan/Prevea360 Health Plan အင်္ဂါ, မှတမ္၊် ကတိၤတၢ်ဒီး နပုၤလၢဟာ့ဉ်နၤတၢ်ကွၢ်ထွဲတက္။်.

Amharic/ **አማርኛ**:- ማሳሰቢያ፦ አማርኛ የሚናንሩ ከሆነ፣ የቋንቋ ድ*ጋ*ፍ አንልግሎት በነፃ ይቀርብልዎታል። ሞረጃን በተደራሽ ቅርጸት ለማቅረብ ተንቢ የሆኑ ተጨማሪ *እ*ንዛዎች እና አንልግሎቶች እንዲሁ በነፃ ይንኛሉ። ለMedica በ1-800-952-3455 (TTY: 711) ይደውሉ፣ ለDean የጤና እቅድ/Prevea360 የጤና እቅድ በ1-877-317-2410 (TTY: 711) ይደውሉ ወይም ለእርስዎን አቅራቢ የሆነውን ያነ*ጋግ*ሩ።

#### **Discrimination is Against the Law**

Dean Health Plan complies with applicable Federal civil rights laws and does not discriminate against any person on the basis of race, color, national origin, age, disability, or sex. Dean Health Plan does not exclude people or treat them less favorably because of their race, color, national origin, age, disability, or sex.

#### Dean Health Plan:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include qualified interpreters and information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact Dean Health Plan's Civil Rights Coordinator (see contact information below).

If you believe Dean Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with Dean Health Plan's Civil Rights Coordinator, Mail Route CP250, P.O. Box 9310, Minneapolis, MN 55443-9310, (952) 992-3422 (phone/fax) (TTY: 711), civilrightscoordinator@deancare.com.

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services, 200 Independence Ave., S.W. Room 509F, HHH Building, Washington, D.C. 20201 1 (800) 368-1019, 1 (800) 537-7697 (TDD).

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

This notice is available at Dean Health Plan's website: **Deancare.com**.

# Questions? Connect with us.

Call us toll-free at 1 (877) 510-7438 (TTY: 711).

Oct. 1 - Mar. 31, Monday - Sunday, 8 a.m. to 8 p.m. CT

Apr. 1 - Sept. 30, Monday - Friday, 8 a.m. to 8 p.m. CT

DeanCare.com/Medicare2026

#### **Dean Health Plan**

1277 Deming Way Madison, WI 53717

Follow us on LinkedIn and Facebook.





Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Dean Health Plan is an HMO/HMO-POS with a Medicare contract. Enrollment in Dean Health Plan depends on contract renewal. This information is not a complete description of benefits.

© 2025 Dean Health Plan, Inc. DHP-CHA1016188-7-00525A

